

# ***Do you know***

...how many CGs (care groups) we have in JCC? Are you in any of them? If you are, take pride in that! If you aren't, here are 5 reasons you should join one.

## **1. Jesus' Way of Life Cannot Be Learned Alone.**

Developing yourself spiritually and serving others are things that cannot be learned alone. They require practice partners who can provide insight, advice and encouragement. CGs are tried-and-true places to find such support.

## **2. Support Encourages Change.**

All of us have hurtful, immature and even dangerous behaviours that we need to change. Change comes as we practice the teachings of Jesus. It is hard work and nearly impossible to do it alone.



By confessing our sins to each other and praying for one another, we can be healed. Confession is the act of articulating what is wrong. A CG is a safe place to confess and receive encouragement. We come to know the hope, dreams and struggles of the other group members. With their support, we can grow into

healthier behaviours that are more in sync with the teachings of Jesus.

## **3. Relationships Lead to Sharing.**

When we share, we are trusting that God will continue to provide for us. When we receive what others have shared with us, we recognize that we have been given an unearned gift from God. Slowly but surely, sharing helps us to move beyond our self-focused obsession with our stuff. CGs provide a place to make meaningful relationships where such sharing can take place.

## **4. Mission Happens in Cell Groups.**

What if Frodo had gone to Mordor without the Fellowship(Lord of The Rings)? Or Luke Skywalker had



tried to rescue Leia without Obi-Wan, Han Solo and Chewbacca (Star Wars)? These stories are great because they demonstrate the relationships that develop when groups go on mission together.

One powerful way that Christians grow from CGs is by working toward shared goals and common causes. A CG might work together to provide aid to a new mother or meals for the new parents. Or band together to serve a fellow group member with a serious health issue or bond over pursuing similar goals, like developing a spiritual discipline.

When small groups unite to accomplish a meaningful mission, growth is the unavoidable result.

## 5. Cell Groups Take Church Beyond Sunday.

Imagine you go to the gym just for an hour a week. While it is better than nothing, you would probably just end up sore, tired, and sweaty without enjoying many long-term effects. Losing weight and gaining muscle require a good diet and regular exercise to work effectively.

If a person's spirituality is limited to one hour a week, it will be difficult for them to grow. A cell group leads to growth by creating more opportunities to come to know God, to practice the teachings of Jesus and to grow spiritually.

Perhaps now you want to grow as a person and are intrigued by the idea of sharing or confessing. Are you hungry for the potential of deep relationships that grow out of a shared mission? Join one now.

Below are the list of CGs you can visit. As we have many cell/care groups, for this issue, we will focus on the Adult Cell Groups.

### **Abundance Care Group**

We are thankful to God that we can form up as a CG to fellowship, care, share, grow together in our journey of faith - *Iron Sharpen Iron*. We comprise of families that have been in JCC for a long time while faithfully worshipping and serving in church with a mixture of grown up kids and younger ones. Our cell fellowship includes: Bible Studies Topical, Prayer Fellowship, Recreational, Bonding, Retreats...



CG leader: Tony

Timing: Twice a month, Thursdays 8 -10pm

Venue: JCC Room3-5/ Rotate among homes of members

### HIPHOP (Harvesters In Practice, Harvesters of People)

We are a bunch of young-at-hearts, from 30s to 50s, gathering fortnightly in Jurong for prayer, worship, fellowship & more. Meet us singles, couples and a couple of tiny ones in a cosy place.



CG leader: Peh Ping

Timing: Saturdays, 730pm

Venue: Pleasant abode located in Jurong East

### Taman Jurong Care Group

We are a group of late Baby Boomers and early Generation Xs, mainly parents of late teens or early 20s. Our usual hangouts are at food places and needless to say, 2 Tah Ching Road. We are food lovers but we rather be lovers of man and fellowship over meals and celebrations. Many JCCians address us as aunties and uncles but we preferred to be called by our names... or man/woman in red... haha... no lah, joking only...



Indian chief: Yew Moi

Village: 2 Tah Ching Road, #03-06

Frequency: 1st and 3rd

Fridays, 8:30pm – 10pm



## **Bethel Care Group**

We are a dynamic group in our late 30s to early 60s that meets fortnightly for worship, prayer, accountability and fellowship through God's word. We support and encourage one another in our walk with God, and to serve.

CG leader: Frank  
Timing: 1<sup>st</sup> and 3<sup>rd</sup> Fridays, 8pm  
Venue: Rotation in CG members' homes



## **Jurong West Care Group**

We are Jurong WEST, a **W**ized **E**stablished **S**exagenarian **T**eam, old but not necessarily wiser. We may sound wise with John and I churning articles for The Vine every month and we may seem active with Peggy and Alan practically running every event for the church but actually, we are no different from all the other CGs. We are made up of ordinary people meeting together to study God's Word.

CG leader: Martin Cheah  
Timing: 1<sup>st</sup> and 3<sup>rd</sup> Fridays, 8pm  
Venue: Rotation in CG members' homes in Jurong West area



**As we mingle with our brethren in church, may we also be observant and extend invitation to anyone to join our CG if they are not already in any. If you know anyone who wants to join a CG, kindly refer the person to an existing member of a CG, the CG shepherd or the pastor.**

*Alicia Wong*